



THREE VILLAGES MEDICAL PRACTICE

A Guide to our Services



*‘A cornerstone of the community
working together to provide and develop outstanding,
quality care with compassion, respect and trust’*

Three Villages Medical Practice
Stourbridge Health and Social Care Centre
John Corbett Drive, Stourbridge DY8 4HZ
Tel: 01384 987740

www.3villages.co.uk

WELCOME TO THREE VILLAGES MEDICAL PRACTICE



Three Villages Medical Practice team includes seven GPs, one Advanced Nurse Practitioner, three Practice Nurses, one Nurse Associate & two health care assistants, as well as our Practice Management Team, an admin/secretarial team and reception team. The Practice operates as a Partnership [not limited, see below for Partnership details]. All patients are allocated an Accountable GP; this does not prevent patients from seeing any other GP. Three Villages is a training Practice and we have up to 6 GP Registrars working with us and Medical Students on General Practice placements with us.

We provide a wide range of family health services, including:

- Advice on health problems
- Vaccinations
- Contraceptive services including intrauterine device and subdermal implants
- Examinations and treatment
- Minor operations and procedures
- Prescriptions for medicines
- Referrals to other health services and social services

We also provide care during pregnancy, immunisations, and health promotion/health screening services, such as smear tests and NHS health checks.

If a doctor cannot deal with your problem themselves, you will usually be referred to a hospital for tests, treatment or to see a consultant with specialised knowledge. Patients can choose to go to any hospital they wish in England where care is funded by the NHS.

This booklet is for both existing patients and those considering registering with us. It tells you about our services, how to access them and some general information about how the practice operates.

THE AIMS OF THE PRACTICE

To work and progress together as a team to provide and maintain a high degree of health care to all patients registered with the practice in a courteous and efficient manner.

THE GENERAL PRACTITIONERS (GPs)

Dr Ruth Tapparo	Female	Senior GP Partner	BSc MBBS 2001, DRCOG, MRCGP 2007
Dr Caroline Robinson	Female	GP Partner	MBChB 2007, DFRH 2010, MRCGP 2012, DipPalMed 2016, DRCOG, Letters of competence in intrauterine techniques and subdermal contraceptive implants 2012
Dr Amandeep Uppal	Male	GP Partner	MBChB 2011, MRCGP 2016
Dr Daniel Harrison	Male	GP Partner	MRCGP 2017, BMBS 2012
Dr Debbie Foulds	Female	Salaried GP	MBChB 2001 MRCGP 2006, DRCOG, PGDip (Musculoskeletal Medicine with Rheumatology) 2020, DipMSK (2021)
Dr Lucy Barr	Female	Salaried GP	MBChB 2011, (Liverpool) MRCGP 2016
Dr Clare Taylor	Female	Academic GP	MB BChir 2003 DCH 2007 MRCGP 2009 MPH 2010 PhD 2015 FRCGP 2015
Dr Stephen Mann	Male	Salaried GP	MBChB 1986
Dr Christopher Gillespie	Male	Salaried GP	MBChB 2009
Dr Funke Owolabi	Female	Salaried GP	MRCGP 2025, BMBS 2018

PRACTICE STAFF



Practice Manager	Tyler Studley
Deputy Practice Manager	Alice Dainty
Practice Managers Assistant	Matthew McGrory

Advanced Nurse Practitioners **Eleanor Hincks** DipHE Nursing, V300

Practice Nurse

Christine Fleming RGN
Kay Mundon RGN
Karen McBride RGN
Sarah Davies RGN

Nurse Associate **Sharon Steventon** Foundation Degree Nursing Associate 2018
Health Care Assistants **Gill Bradford** Health & Social Care NVQ3
 Anjana Kumari Health & Social Care NVQ3

RECEPTION STAFF

The practice reception team is managed by the Lead Receptionist, Sandra Hall.

There are five receptionists who will assist you in making urgent and routine appointment requests to see a clinician, process prescription requests and offer help and assistance. Our staff are trained to signpost patients to the most suitable point of treatment and may ask you some questions in order to do this. We also provide administrative apprenticeship training.

ADMINISTRATION

All telephone calls and administration is undertaken at Stourbridge Health and Social Care Centre.

OPENING HOURS

Core Open Hours: Monday to Friday 8.00am - 18.30pm, except bank holidays.

The surgery will be closed on one afternoon every 2 months from 16:30pm for GP training. The Out of Hours provider will be taking urgent calls during this period (see section below on Out of Hours Service for details).

Enhanced Opening Hours: The Surgery is open on Saturday mornings from 8.00am until 13:00pm for both nurse and GP appointments. We shall only be open to those patients who have a pre-booked appointment with either a GP or Nurse. No other services will be available.

APPOINTMENTS



To request an appointment with a clinician, you can visit our website www.3villages.co.uk and enter the virtual Appointments room between 8.00am-18.00pm. If you don't have access to the internet, please call **01384 987740**, lines are open Monday to Friday 8.00am - 18.30pm.

- There are on the day appointments and duty doctor triaging for **Urgent Cases, including children under 5, patients over 75 and palliative care patients.**
- All of our GP appointments are bookable on the day, with exception of GP requested follow ups and medication reviews. We operate 10-minute appointments, and all surgeries are by appointment only.
- You can book receptionist call back appointments & order repeat prescriptions on-line using patient access or the NHS App. Please bring some ID to reception and a password will be generated.
- Nurses based in our practice treat patients for a wide range of common conditions. You can usually expect to see a nurse within two working days.
- One appointment is for one patient and one medical problem only.
- If you arrive more than 10 minutes late and miss your appointment time, you may be asked to rebook on discretion of the clinician.
- If you want someone to accompany you during an examination or in a private room to discuss any matters please let us know. Some of our staff are trained Chaperones. A clinician may request one is present during a consultation.
- Results of tests can only be given to the patient themselves.
- If you, or the person you are accompanying, have any special needs (for example sight or hearing difficulties) please inform the receptionist.

How you can help us:

- Be on time for your appointment
- Tell us if you need to cancel with a sufficient amount of time so that we can offer your appointment to others.
- Call for a home visit or appointment before 11.00am
- Keep your contact details up to date

MISSED APPOINTMENTS

The practice has developed the following policy in order to try and reduce wasted appointments:

If you fail to attend face to face appointments without informing us we will contact you for an explanation. If you repeatedly fail to attend for appointments we may seek to understand the reason[s] for this, as this is depriving other patients the opportunity to see a Doctor. We may exercise our right to ask for a patient to be removed, where the sole criteria for removal is the irretrievable breakdown of all or part of the patient practice relationship.



HOME VISITS

Our doctors typically see four patients in the practice in the time it takes to do a single home visit. For this reason, we ask our patients to come to the practice if at all possible. However, we can visit you at home if your condition means you cannot attend the practice. Please ring before 11.00am to arrange a visit and let us know if your condition is urgent. A home visit is usually undertaken between 11:30am and 14:30pm. A Health Service Directive supports home visiting at a doctor's discretion ONLY. Transport problems are not accepted as justification for a home visit.

OUT OF HOURS ACCESS (OOH)

'Out of hours' means after 6.30pm and up until 8.00am on weekdays, and also weekends and bank holidays.

Out of hours calls are only for those with genuine emergencies that cannot wait until the next surgery. Advice out of hours can be obtained by calling the 111 service, this is commissioned by Black Country ICB.

Black Country ICB, NHS Black Country Integrated Care Board Civic Centre, St Peter's Square,
Wolverhampton, WV1 1SH
Telephone: 0300 0120 281
Email: bcicb.time2talk@nhs.net

ASK YOUR PHARMACIST

Pharmacists are highly trained health professionals who can do far more than just dispense medicines. They are able to provide over the counter medicines and offer advice on how to treat most minor illnesses. If they can't provide the appropriate treatment, they will tell you the best course of action to take. You do not need an appointment and you can speak to them in confidence. You can attend a pharmacy without an appointment for treatment under the new Pharmacy First Scheme: <https://blackcountry.icb.nhs.uk/your-health/find-right-service-you/your-local-pharmacy>

Black Country Integrated Care Board has made some changes to the prescribing of medicines that can be bought over the counter for common, short term illnesses or those that have no or low clinical value. Medicines or products with no or low clinical value are those which have no clear health benefits for patients.

These changes mean that from the 1st August 2017, your GP will no longer give you a prescription for certain types of medicines or treatments that are readily available 'over the counter' in pharmacies or on the shelves in shops and supermarkets.

Please note that Three Villages Medical Practices is only able to prescribe medication under the Black Country ICB Formulary and within the competencies of the prescriber. Primary care may not be able to prescribe all medications i.e. requested by a hospital/specialist/private consultant. It is the practices decision to accept/decline shared care agreements.

NHS 111

You should use the NHS 111 service if you urgently need medical help or advice but it's not a life-threatening situation. Call 111 if you need medical help fast but it's not a 999 emergency. For immediate, life-threatening emergencies, continue to call 999.

URGENT CARE CENTRE

The nearest urgent care centre is based at Russells Hall Hospital within the Accident and Emergency Department. The centre is open 24 hours a day, seven days a week and every day of the year. Staff there will decide in which direction to sign-post patients to ensure that they receive the best treatment needed.

ACCIDENT AND EMERGENCY

Whatever the day or time, if you or someone else experiences severe chest pain, loss of blood or suspected broken bones, go to your nearest accident and emergency department or call 999. Accident and emergency departments are open 24 hours a day, 365 days a year and can assess serious injuries and provide emergency treatment.

PRACTICE NURSES



Our practice nurses deal with a range of conditions and health concerns. They examine patients, make a diagnosis and plan care. They are available to provide you with help and advice, in particular with:

- Baby immunisations
- Chlamydia screening
- Family planning
- Suture removal
- Chronic Disease Reviews
- Health Checks
- Cervical smears
- Ear syringing
- Influenza/pneumococcal/shingles vaccinations
- Travel advice/immunisation
- Wound dressings

HEALTH CARE ASSISTANTS

Our health care assistants are trained to undertake:

- Blood pressure checks
- Minor wound dressings
- Suture removal
- Health Checks
- Ear Syringing
- Influenza/pneumococcal vaccinations
- Chronic Disease Reviews
- Phlebotomy

CLINICS

Please ask at reception for more information about any of the following clinics:

- Cervical Smears
- Baby 6-8 week check/Post Natal Check
- Long Term Condition Clinics (e.g. Hypertension, Diabetes, Asthma, COPD)
- Travel Advice
- Smoking cessation advice
- Antenatal Clinic – this is run by the midwife at the practice
- Disease prevention immunisations & catch up immunisations
- Minor Surgery – procedures such as joint injections can often be treated within the surgery avoiding hospital referral and reducing waiting times. Please ask us about any moles, lumps or bumps that you are concerned about. Some may be suitable to be removed in surgery.
- Immunisations for babies –pre-school – in line with Department of Health guidelines.
- Contraception Clinics (Implants & IUDs)

DISABLED ACCESS

Our surgery is fully accessible to patients using a wheelchair. There is a lift from the main building entrance to our surgery entrance on the first floor, and an internal lift from our reception to the clinic rooms on the second floor. There are parking spaces outside the building which are reserved for patients displaying a disabled badge.

The surgery has disabled toilet facilities.

PATIENTS WITH PARTICULAR NEEDS



We can arrange interpretation and translation services for patients who do not speak English. Please let us know when booking an appointment if you need this service or have any other communication needs, including neurodiversity and learning disabilities. If you prefer to wait in your car, please let the receptionist know at the time of booking.

NON-EMERGENCY PATIENT TRANSPORT

The Black Country ICB has awarded a contract for non-emergency patient transport to the West Midlands Ambulance Service. Patients should ring **01384 679047** for this service.

CARERS/HOUSEBOUND PATIENTS

If you are housebound and/or looked after by a carer, please inform reception to ensure we hold these details in your medical records.

CHANGE OF PERSONAL DETAILS

Please let us know as soon as possible if you change your name, address or telephone number. It is useful for us to have your mobile phone number if you have one. You can do this via: <https://www.3villages.co.uk/navigator/change-of-personal-details/>

If you move outside the practice area you will need to register with a doctor who is local to your new address.

ENQUIRIES ABOUT TEST RESULTS

Test results are available to view on the NHS App: <https://www.nhs.uk/nhs-app/>

If you have a test done requested by the Practice, e.g. blood test, X-ray or scan, the responsibility lies with each patient to follow up any results of tests they have had. You can request your results via: <https://www.3villages.co.uk/navigator/test-results-request/>

We ask all patients to contact the Surgery to see if the test was normal. Please make sure you do this, even if you are feeling better. Please try to avoid ringing for test results before 11:00 am as the phone lines are likely to be busy with calls to book appointments. NB: For reasons of confidentiality, we request that you do not ask a member of your family to try and obtain your results, as we are only permitted to pass this information on to the patient concerned.

VIRAL ILLNESS

Colds, most sore throats and flu-like illnesses are all caused by viruses. Antibiotics are not effective for these infections.

You can manage them at home by the following means:

- Paracetamol helps control pain and fever
- Drink plenty of fluids
- Keep warm and rested. It is natural to feel tired while your body uses all your available energy to fight the infection
- You can certify your own absence from work for the first seven calendar days

- See your doctor if your symptoms do not improve after seven days, or if they get worse. In particular, if your temperature does not come down with paracetamol, is over 38°C, or you are short of breath, ask for an emergency appointment. Please come to the surgery if at all possible – we can see four people in surgery in the time it takes to make one home visit.



MEDICAL REPORTS AND NON-NHS EXAMINATIONS

Some services requested at the practice lie outside the remit of the practice's NHS contract and therefore there is a charge for these services. Non-NHS services include: accident and sickness insurance medical reports, certificates (such as fit notes for first week of work absence); drivers', school and sports medicals, holiday insurance certificates, passport applications, private health insurance claims, private prescriptions and some vaccinations for travel abroad. Charges are available from reception. These services are non-priority and may not be undertaken on occasion due to competencies.

NEW PATIENT REGISTRATIONS

All new patients must complete a registration form and all adults must complete a new patient health questionnaire. This can also be completed via: <https://www.3villages.co.uk/navigator/new-patient-registration/>

CHOICE OF PRACTITIONER

All patients have a named accountable GP. You are able to book with any clinician of your choice, it is recommended to see the same clinician where possible for continuity of care. However, you may not be able to see your preferred practitioner at urgent appointments.

MEDICAL STUDENTS

We are approved to teach fifth year medical students from Birmingham University. You may be asked if you would be willing to see a student for a consultation, or whether you would consent to a student sitting in on your consultation with the GP. We hope you will give your agreement to this and help us to provide their necessary training to become qualified doctors.

PATIENT CONFIDENTIALITY

We respect your right to privacy and keep all your health information confidential and secure. It is important that the NHS keeps accurate and up-to-date records about your health and treatment so that those treating you can give you the best possible advice and care.

Your medical records can be used in ways that do not directly contribute to, or support the delivery of your care.

These can be:

- To plan NHS services for the future
- To assist with the teaching and training of health care professionals
- To assist with health research
- For auditing of health records
- As part of the Quality and Outcomes Framework

Your records are confidential and are used in accordance with Data Protection rules. If you do not want your details passed on to any third party you have the right to 'opt out'. Please speak to your GP if you wish to exercise this right.

ACCESSING YOUR INFORMATION



Under the General Data Protection Regulation, you are entitled to have a copy of your medical record. To request this, you will need to come to the Practice and fill out our “Access to Medical Records” consent form at Reception. The first copy of your records is free but a second copy would cost a fee. You are able to obtain an updated copy for free also. We are required to respond to you within one month of the request being received. You will need to provide adequate details so that your identity can be verified. For more information, please contact the practice and ask to speak to the Secretaries.

REPEAT PRESCRIPTIONS

Repeat prescriptions may be requested by:

1. Registering for Patient Access or the NHS App and requesting from your PC or smartphone
2. Using the ‘right hand side’ from your previous repeat prescription to mark the repeat medication required and sending to reception
3. Posting your repeat prescription request to the surgery
4. Requesting via your nominated pharmacy (if agreed with them)

The surgery does not accept repeat prescription requests by telephone.

Please list for EACH item you require - medication/product name, type (tablets/syrup/cream, etc), strength, dose, code etc.

NOTE: You should clearly indicate whether you wish to collect the prescription from either the Surgery or if you prefer, it can be collected by your preferred pharmacy. If you do not indicate a preference, the prescription will be available for collection from the Surgery Reception, unless you have a nominated pharmacy set up for electronic prescribing.

Please allow 48 hours for the doctor to check and sign your prescription. If you wish your prescription to be posted please provide a stamped addressed envelope. If you wish to use a chemist’s services, you must make these arrangements yourself with the pharmacy of your choice.

FIT NOTES

An employee can self-certify for up to seven calendar days. If you are ill for more than seven calendar days, certificates are obtained as part of the consultation with your doctor. Any request from an employee/employer for a doctor's certificate covering fewer than eight calendar days will be a private certificate only, for which there will be a charge. A request for a continuation of a sick note must be submitted on or after the date it is due for renewal.

If you attend a hospital department and are told not to work, you must get a certificate from there.

VACCINATIONS

We offer up-to-date vaccinations in accordance with current guidelines. Please see our practice nurse for details.

NB: Sometimes a patient will experience a reaction to a vaccination or combination of vaccinations. This is fairly common and can happen to anyone. You may get pain, redness or swelling at the vaccination site. Applying an ice-pack and taking paracetamol will bring some relief.

Alternatively, you may get a flu-like illness which can occur up to 10 days after the vaccination. Simple treatment as for a common cold is usually effective.



➤ **Children's Immunisations**

Your baby or child will be offered immunisations as required by the Department of Health. For further information please contact your health visitor or practice nurse.

➤ **Flu Vaccination**

In accordance with Department of Health guidelines, influenza vaccinations are available to patients aged 65 or over, and all those aged over six months in the following clinical risk groups: patients suffering from respiratory diseases or asthma, chronic heart disease, chronic renal disease, diabetes, immuno-suppression due to disease or treatment, chronic liver disease, chronic neurological disease, those patients living in long-stay residential or nursing homes or long-stay health or social care facilities, carers, individuals with multiple sclerosis and related conditions, and hereditary and degenerative diseases of the central nervous system. The vaccination is usually available from late September until early March. Please ask at reception.

➤ **Pneumococcal Vaccination**

This is available for patients aged 65 or over.

➤ **Shingles Vaccination**

People who turn 65 on or after 1 September 2023.

People aged 70 to 79.

People aged 50 and over with a severely weakened immune system.

➤ **Tetanus Vaccination**

We recommend that you keep your vaccination up to date. Please contact the practice nurse for this service which is free on the NHS. Since 1961, with full childhood immunisations, everyone should have had five tetanus vaccinations. Five tetanus vaccinations give you lifetime cover. We only boost if it is more than 10 years since your last injection and you are going to remote foreign areas out of immediate medical attention

➤ **Travel Advice / Immunisations**

The practice offers advice and immunisations for travel abroad. Some immunisations are not available on the NHS and we do make a charge for these, including yellow fever vaccination. From 1st July 2019 we can only offer yellow fever vaccination to our registered patients. Please contact the nurse well ahead of your planned trip for the above and advice on malaria prophylaxis if needed.

OTHER SERVICES AVAILABLE

NHS Health Checks

Any patient aged 40-74 or over and does not have a pre-existing condition is entitled to an NHS Health Check. These can be booked through Reception however the Practice does send out a routine invitation if you have not had an NHS Health Check within the past 5 years.

Chiropody/Podiatry

If you have a problem with your feet, we may refer you to the podiatrist.

Contraception and Sexual Health

Comprehensive, confidential advice is available during normal surgery hours. We offer oral & implant contraceptives, injectable contraception, and coils.

Counselling

The practice can refer patients for counselling.

Dietitian

If your doctor feels it is appropriate to refer you for dietary advice they will arrange for you to see the dietitian.

Listening & Guidance

The practice can refer you to Listening & Guidance advisors, if you feel you need someone to talk to.



First Contact Musculoskeletal Practitioner Assessment Service

The Practice is currently running a First Contact Musculoskeletal Practitioner Assessment Service; these slots can be booked directly by Reception.

PATIENT PARTICIPATION GROUP [PPG]

The PPG acts as a bridge between the patient and the practice to discuss all types of health care, health education and major issues and information with the GPs and practice administrators with the aim of improving services and information. The group meets on a quarterly basis. If you have any suggestions or comments to make, please use the Comments and Suggestions box to post your comments to the chair of the PPG. Minutes of meetings are available in the waiting area at the surgery. If you are interested in being a member of the PPG please leave your details with the receptionist.

COMPLAINTS

It is our aim to give a friendly and professional service to all our patients. However, if you have any concerns about any aspect of our service, please let us know. Speak to whomever you feel most comfortable - your GP, practice nurse, our practice manager or our reception staff will be happy to help. If you prefer you may put your complaint in writing to the Practice Manager. Please see the following link to our complaints policy: <https://3villages.co.uk/surgery-information/feedback-and-complaints/>

There are two ways you can make a complaint:

You can complain to the healthcare provider: this is the organisation where you received the NHS service, for example a GP surgery or dental surgery.

You can complain to the commissioner of the service: this is the organisation that paid for the service or care you received.

You can do this by:

Phone: 0300 0120 281

Email: bcicb.time2talk@nhs.net

Writing: Time2Talk, NHS Black Country Integrated Care Board (ICB) Civic Centre, St Peter's Square, Wolverhampton, WV1 1SH

BLACK COUNTRY INTEGRATED CARE BOARD (ICB)

Three Villages Medical Practice is contracted to Black Country ICB and details of primary medical services in the area may be obtained from:

Telephone: 0300 0120 281 and select Option 1

Email: bcicb.time2talk@nhs.net

Address: Time2Talk, NHS Black Country ICB, Civic Centre, St Peters Square, Wolverhampton, WV1 1SH

Operational hours: Monday-Friday (exc Bank Holidays) 9am - 5pm

COURTESY AND RESPECT

We aim to treat our patients courteously at all times and expect our patients to treat our staff in a similarly respectful way. We take seriously any threatening, abusive or violent behaviour against any of our staff or

patients. If a patient is violent or abusive, they will be warned to stop such behaviour or reported to the Police in certain circumstances. If they persist, we may exercise our right to take action to have them removed, immediately if necessary, from our list of patients.

PRACTICE CATCHMENT AREA

Please visit the Practice website where you can check if your postcode is within our catchment area.

<https://3villages.co.uk/services/new-patients/>

